

Inspire



encouraging development
... inspiring hope

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Health And Development
Aid Abroad — Australia
Fund Inc.
ABN 43 739 862 351

HADA's Vision

To see medical, educational,
agricultural and sanitation
programs established in
countries as needed.

All projects listed in *Inspire*
are tax deductible. All monies
for these projects, and
personnel involved in them,
are sent in their entirety
except for bank charges.
HADA does not use these
funds for administration.

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2023-2024:

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Rohingya Micro- Business Loan Project

Bangladesh

Even in the last month, 12,000 Rohingya have fled Myanmar into Bangladesh with almost nothing — often with shrapnel or bullet wounds. Those who choose not to register and be placed in the ever-deteriorating camps of > 1,000,000 Rohingya, receive no government or NGO assistance of food or shelter.

It is these unregistered Rohingya whom Operation Abba has now assisted with 106 micro-businesses since starting in late 2020. The women (many of whom are widows and often with young children) mostly opt to receive Singer pedal sewing



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machines along with cloth and tailoring paraphernalia – costing \$249 each. They receive free coaching. Some are more skilled and successful than others.



Tailoring provides these women enjoyment, dignity and most importantly, a modest income which provides food and sustenance for their dependants. Those with enough light inside their tiny thatched homes, sew inside. Others, who have no choice, set up their sewing table outside.

One elderly widow skilfully manages her little vegetable business. Once a desperate beggar herself in Bangladesh, Amina now feeds beggars. Due to overnight theft from the open-air table, Amina has to bring her vegetables home in a rented tricycle each evening. It is not safe for younger women to manage a vegetable store alone.

Aside from small vegetable stores — a \$245 outlay — men opt to be pedestrian tea vendors, carrying their large thermos, plastic cups etc, involving a \$239 outlay. Last year, Faruk, whose two middle fingers were crippled by soldiers in Myanmar, came up with a new idea of delivering ten x 20-litre plastic containers of drinking water. These are lodged on the pedal tricycle tray — another \$249 outlay. This has proved to be a successful business with 18 other men now having taken up the same micro-business. Due to the serious problem of poor drinking water in Teknaf, we have also recently started trialing plastic water barrels catching rain from the roof of six tiny homes.

Knowing that others are desperate and starving as they once were, and who would be blessed to be given a chance in life as they have been, the micro-business recipients are motivated to pay back their loan once they are able.



~ Peter Magee

Donations to the project, BGD- 530, are needed and appreciated.

Helping Parents to Help their Teenagers

Nigeria

This project was initiated to address the growing number of distressed teenagers in Nigerian communities, a problem largely

attributed to inadequate parenting knowledge and skills. Recognising this gap, we acted by organising a series of parenting seminars

and three-day camps aimed at providing targeted skill-development for at-risk teenagers. These initiatives were designed to empower



both parents and teenagers, improving family dynamics and personal growth.

Our experience has been both rewarding and challenging. The first round of seminars, held in Kwali, a suburban area of Abuja, faced obstacles in securing parental participation. Many who initially registered did not attend, primarily due to a general lack of emphasis on parenting education and the economic pressures that compel individuals to prioritise income-generating activities over developmental programs.

Despite these challenges, we succeeded in engaging ten families, including instructors, in the first session. Foundational knowledge on parenting and adolescent development was shared, and participants reported substantial learning by the end of the session. This reaffirmed our belief that the program is on track to meet its initial goals of enhancing parenting skills

and addressing teenage distress.

The second and final session was equally impactful, with five families participating in structured group discussions. The training concluded with an agreement among participants to invite twenty additional couples for the next round of training, scheduled for early 2025. This collaboration reflects our shared commitment to expanding the program's reach and impact.



We are actively promoting the second phase of parent training, scheduled for October 19 and November 9, in a more urban area of Abuja. This phase will play a crucial role in meeting our target of engaging twenty-

five couples, building on lessons learned from the Kwali training.

Looking ahead, a camp for teenagers is planned for the first quarter of 2025, with skills acquisition programs for the targeted adolescents to follow. These efforts will align with our original objectives while equipping teenagers with practical skills to foster long-term resilience.

In reflection, this project has been a valuable learning experience, aligning with our goals of improving parenting practices and supporting distressed teenagers. We are confident that the progress made will lead to healthier family dynamics and inspire positive change in both parents and their peers. We are optimistic that the

teenagers who benefit from this initiative will become exemplars of positive change by

proving that meaningful transformation is not only possible but achievable.

~ Ihezio Imo

Donations to the project, NGA-500, are needed and appreciated.

Parents and Teenagers Training and Skill Acquisition Centre

HADA Astana: Alcohol and Addiction Help

Kazakhstan

Alex* drank for around 30 years. Even though it affected him in many ways, he just did not care. He was happy with his 'friend', the bottle.

To him it was normal to every morning stand outside the small store nearby waiting for it to open so that he could buy more vodka to stop the withdrawals and get him through the day. To him it was normal every day after work to stop at the store and buy enough alcohol to get very drunk that evening, day in and day out.

Many times, his work colleagues would beg him to get help, even offering to pay for his treatment, but he refused. Why did he need to change? He was content with his life that was consumed with consuming booze. He did not care that it affected his family, his children, his grandchildren, and the children he worked with.

Finally, his 80-year-old mother found out about the support groups and forced him to go. He did not want to, but culturally he had to listen to his elders. So, he went. He arrived drunk the first few times, and it took a while for him to really understand what people in the groups were saying. But with time he began to transform. He no longer was pulled by that

neighbourhood store and could walk right by it. He says it took several months for his mind to really change.

He has been sober now for a year. He says life is so different. He actually has one! What he lives for is poles apart from what he did before.

Alex's story is unique to him. There are so many different stories from the alcoholics. They are usually sad and always involve hurting people and loved ones — many of

whom have been deeply wounded. The support groups provide these men and women with a place to meet with others who understand, having been there themselves. There are many participants in the groups every week. Some newcomers are still foggy in their minds and may or may not keep coming. Others have been coming for a few years, with several sober for many years now.

Some struggle repeatedly over many years. There is not a simple solution,

but we will keep supporting the way of recovery for these in the hope that many more will see their lives transformed.

**Name changed to maintain anonymity*

~ David Pichotta

Donations to the project, KAZ- 010, are needed and appreciated.



Current HADA Projects

All projects listed are approved for tax-deductibility



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AFRICA and ASIA

Medical Training in Africa and Asia

Manager: Dr Judith Goh

- Training African and Asian doctors in treating women with genital tracts fistula [AFR-500]

AUSTRALIA

Food Plants International Inc.

Manager: Anthea Maynard

- Researching edible food plants suitable for growing in various regions of the world [AUS-500]

P4K - Elias El-Khoury Orphan & Education Fund. [AUS-530]

Manager: Louis Toumbas

P4K -Help the Homeless

Manager: Louis Toumbas

- Food vans [AUS-550]

BANGLADESH

New Hope Ministry Bangladesh Trust

Manager: Warwick Lloyd

- **Multi-Purpose Educational Buildings** Building multi-function education facilities [BGD-012]
- **Orphanage and School Self-Sufficiency Project** Provides high-level schooling and gains funds for the orphanage [BGD-013]
- **Orphanage and Schools Benevolent Project** Provides self-sufficiency projects for communities, training to gain employment and adult education [BGD-500]

BANGLADESH

Manager: Zainul Abedin [BGD-531]

- **Rohingya Micro Business Start-Up Fund** [BGD-530]

CAMBODIA

Siem Reap

Manager: Jun Kim

- **Bridge of Hope:** Working with families and communities to prevent children at risk becoming street children (or sold/ending up in prostitution) [KHM-530]

CAMBODIA

- **Good Neighbours Community Development — Preschool: Preschool in Tria** [KHM-501]

Managers: Will and Julie Fowles

FIJI

Education and Orphan Care Program:

Manager: Dr Eleni Athinodorou

- Assisting orphans with education [FJI-500]

INDIA

Ashir Children's Home

Manager: Ashirvadam Mylaram [IND-520]

Assistant Manager: Kunal Vasith [IND-521]

- Home for orphaned children [IND-500]

INDIA

Maxton Strong School Kindergarten Upgrade

Manager: Clifton Shipway [IND-015]

- Kindergarten Upgrade: to provide suitable education facilities for early learners [IND-019]

Good Shepherd Agricultural Mission

Manager: Clifton Shipway [IND-015]

- Care of orphaned children [IND-501].

KAZAKHSTAN

HADA, Astana

Manager: David and Tirzah Pichotta [KAZ-013]

- **Alcoholism and Addiction Help:** Education, literature, and support groups for alcoholics and their families [KAZ-010]
- **Community Centre and Health Education Project:** teaching employable skills and for young adults, couples and parents [KAZ-500]

MONGOLIA

Sergelt Ood

Manager: Corrie van der Esch [MNG-019]

- Assist homeless people in Ulaanbaatar [MNG-500]

Dream Library (Good Neighbour Society) [MNG-530]

Manager: Okhee Kim

- Small libraries to assist underprivileged children

NEPAL

Nepali Health, Development & Disaster Response (ACN)

Manager: Dr Julie Lincoln [NPL-011]

- Providing access to safe drinking water; improving knowledge of hygiene/ sanitation, nutrition and preventable diseases [NPL-500]

NIGERIA

Parents and Teenagers Training and Skill Acquisition Centre

Manager: Imo Ihezio

- Providing parents with fundamental knowledge and skills needed to raise their teenagers into well-rounded individuals who are prepared to lead a secure future.
- Assisting distressed teenagers in reintegrating into responsible living by providing them with life skills that will establish a stable foundation for their future [NGA-500].

M & B Memorial Initiative [NGA-530]

Manager: Dr Michael Flynn

- Providing a community hub and regular education including computer literacy training and medical clinics.

PAPUA NEW GUINEA

Haus Pikinini P4K Orphanages

Development

Manager: Donna Harvey-Hall

- Building orphanages to create a positive, loving environment for abandoned and neglected children [PNG-010]

SIERRA LEONE

Education Community Care Program

Manager: Dr Themis Adamopoulos

- Providing school canteen, medical clinic, and toilets [SLE-500]

Orphan and Community Sports Program

Manager: Louis Toumbas

- Education and sporting opportunities for marginalised youth [SLE-501]

It's Philanthropy — Building Education [SLE-530]

Manager: Louis Toumbas

SOUTH AFRICA

My Father's House

Manager: Kevin Daly

- Youth programs [ZAF-500]

UGANDA

Grace Care Child Program Secondary School

Manager: Emmanuel Kanuli

- To build classrooms for orphaned/ disadvantaged children [UGA-022]

Grace Care Child Sponsorship Program [UGA-500]

Kichwamba Children's Foundation

- Caring for orphaned children [UGA-530]

Manager: Dr Geoff Holt

Emergency Medical Services [UGA-540]

Manager: Glenyce Gers

VANUATU

Victory School of Hope

Manager: Zebedee Tanga

- To build new classrooms for school in Blacksands community [VUT-010]

ZAMBIA

A Future 4 Kids ZMB-500

Manager: Joyce Chimbila

- Community care and education [ZMB-500]

DISASTER RELIEF

- Bangladesh floods [DIS-000]
- Help for Syrian Refugees [DIS-010]
- Ukraine [DIS-101]

WHERE MOST NEEDED

The board will allocate these funds to projects in most need [WMN-010]



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In the bank reference section, enter your surname and the project code.

It is important to email the HADA treasurer with your address details so we can send you your tax-deductible receipt. treasurer@hada.org.au

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Credit card transactions will show as EZI*HADA on your statement.

**Post this form to
 HADA, PO Box 733, Ashmore City, Qld 4214**

We reserve the right to use designated gifts for another project if the one identified is sufficiently funded or closed.