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encouraging development  
... inspiring hope

[www.hada.org.au](http://www.hada.org.au)

**Health And  
Development Aid Abroad  
— Australia Fund Inc.**

ABN 43 739 862 351

### HADA'S VISION

To see medical, educational, agricultural and sanitation programs established in countries as needed.

All projects listed in *Inspire* are tax deductible. All monies for these projects and personnel involved in them are sent in their entirety except for bank charges. HADA does not use these funds for administration.

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# 100% hOPE

UGANDA, AFRICA

**100% hOPE** is a non-profit charity located on the Gold Coast, recently established to give children a future and a hope in developing countries, specifically in Africa.

We believe the most important and basic skill an African child can learn is that of utilising their surrounds in order to be self-sufficient in relation to health, nutrition and environment. Our vision is to see African children educated and equipped with basic skills for life.

We partner with local, poverty-stricken communities in Uganda to promote the spiritual, economic, physical and emotional development of children. This approach will enable generations of African children to have a future and a hope through educational development so that their basic needs are met without the need for long-term individual sponsorship.

100% hOPE is currently partnering with King's Kid Ministries in Mityana, Uganda, where they have established facilities including a school and homes for orphaned and abandoned children.



In order to effectively initiate self-sufficiency within a community, we liaise with government officials and an in-country organisation to establish the key challenges within that particular community.

Our focus includes:

1. Education;
2. Homes for orphaned or abandoned children;
3. Clean water;
4. Agriculture: acquiring land to plant crops as a source of food and income;
5. Medical clinic;
6. Vocational training centre: sewing, woodwork, and poultry farming;
7. Micro enterprise;
8. Sanitation.

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## Current Projects

### Micro-enterprise

Our **Women @ Work** project has recently begun whereby we interview and accept single women into the program and provide them with a 12-month loan and training to set up a tailoring business. We initially obtained sponsorship to enable the purchase of a sewing machine, material and relevant equipment.

The women receive training from an experienced seamstress, as well as business training to enable them to not only produce items, but also to effectively manage their business. The women receive ongoing support for the first 12 months. Over the 12 months, the women are required to pay back the initial loan amount. This will enable another group of women to begin a micro-enterprise business.

Our aim is not to give the women a hand-out, but a hand up. This allows them to take ownership of their business. It also empowers single and widowed mothers to produce an income to be able to provide for their children, as well as improving gender equality and employment rates.

### Medical Clinic

Construction has begun on a medical clinic in Mityana. This clinic will have approximately 40 beds and the capacity to treat the majority of diseases and facilitate women's health.

The medical clinic will give all members of the community (approximately 40,000) access to healthcare, specifically targeting children and pregnant women. The overall aim is to reduce premature mortality due to preventable and treatable diseases such as malaria, to improve maternal health and to give pregnant women access to quality healthcare and advice. Many women are left to deliver their own babies by themselves or with untrained friends or family members, and consequently the risk of infection and disease is astronomically increased and frequently results in the deaths of the babies and sometimes the mothers.

If you are interested in supporting these projects, please visit our website [www.100-hope.org](http://www.100-hope.org) for more information or contact our Managing Director, Trishelle Grady directly at [trishelle@100-hope.org](mailto:trishelle@100-hope.org).

# Inspiring Whole Families

## Communities of Hope

### CAMBODIA

Many of those we serve are child labourers, victims of abuse, and street children. We long that these vulnerable and exploited children and their families overcome their sense of hopelessness and despair and find hope and peace. We use holistic activities that both develop the children's abilities and potential, as well enabling their parents to be responsible for, rather than exploit, their children.

#### The School and Children

The Khmer school year ended in August with 70 children, most of whom had not attended school previously. Some study the whole day and some half a day, some doing pre-school, and some first or second grade. Thirty-eight are from Cambodia and 32 from Vietnam.

In the new Cambodian school year, 18 children were enrolled from first to third grade, selected for their good behaviour, reading and writing skills. They still come to the Bridge Centre for half a day to have tuition as advised by the government school principal. Even though some children are from Vietnam and don't have a birth certificate, the Principal is willing to receive the children without any documentation.

The Cambodian staff are able to attend a network for similar organisations called Chab Dai Coalition, for leadership and learning about the National Minimum Standards for care and prevention. Group discussion, instruction, actions, games and songs are used to reinforce the teaching. The singing by the children is similar to karaoke.

We were encouraged by the presence of many parents when we celebrated the end of the school year. The children performed dance and song. There were special children's programs for three days with games, histories and songs. On the last day, we went for an outing to the silk farm, this being the first time the children and staff had seen the silk making process.

In October, we started the new school year with 86 children in six classes. The children have received uniforms, school material, bags and shoes. We were able to give 12 bicycles for children who live two to three kilometres away. Children have access to medical and first-aid facilities and also a dentist. Lack of space meant we could not have more classes.

We stopped having pre-school children, as another organisation is looking after the three- to six-year olds. We continue to make available classes for first, second and third grades and tuition classes preparing and supporting children in the government school.



Children and youth have been taught life skills using a method supported by Chab Dai Coalition, for the protection of the children in issues of abuse, drugs, and other community problems. A children's club now runs every Saturday with the purpose of teaching values and creative arts.

#### Parents and Teachers

We had a meeting with the parents to build a closer relationship with them and to listen to them, evaluate their interest and to pre-

pare the following month to teach parenting skills, values, and other life skills.

A trainer from the pedagogy school gave a week of training in the area of lesson planning, class administration, teaching strategy, and new pedagogy methods.

### Sponsorships

About 36 children are receiving sponsorships of rice each week to help the families who are really struggling to provide for them. The families are aware that we do not want to make them dependent on us, so we are encouraging parents to develop other ideas for increasing their income. The Khmer community

worker visits the children's families each day, but it takes time to build a relationship and trust. The sponsorship is given after a staff member has visited a family to see that they really are in need. A requirement is that

children should attend school daily.

The community workers visit two families a day, four times a week. They have opportunity to advise the parents about parenting, encourage hygiene, support children studying, to help parents in crisis situations (domestic violence, sickness HIV, hepatitis and TB), and even opportunity for counselling and sharing values. The issues of exploitation and violence are related to parents' lack of education, information, knowledge and worldview. If we

can, we'll build up role models, and increase our impact in this community.



## Community Transformation — NEPAL

### Raising Awareness on Health, Hygiene and Peace-Building in Schools and Communities

Nepal is one of the poorest and most underdeveloped countries in the world. Education rates remain low and many people are not aware of basic health, sanitation and hygiene, environment and peace-building solutions. People suffer and die from preventable diseases due to lack of awareness, prevention or early treatment. Relationships between people are becoming weaker; interpersonal conflict is increasing and misunderstanding is easily created.

For the last five years Community Awakening and Transforming Society (CATS) has been conducting awareness programs in different schools

and communities in Ghorahi district, and since last year, in Rolpa district through drama.

In 2011 CATS conducted awareness-raising programs in 19 Ghorahi schools, three Rolpa schools and through three street dramas in Ghorahi about health, hygiene, environment and peace-building issues. Now some people have started to care for themselves and the relationships between each other has improved. Some people have started to care for the environment and have stopped quarrelling about small issues. Ghorahi was announced one of the cleanest municipalities among 58 of Nepal in 2010.

# HADA Projects

All projects listed are approved for tax deductibility

*Please make your cheque payable to HADA Relief Fund. Do not include the name of the person or project on the cheque.*

## Africa

### Medical Training

Manager: Dr Judith Goh

- Training African doctors in treating women with genital tract fistula. [Ref: AFR-010]

### Library Aid International Inc

Manager: Rodney Zeirsch [Ref: AFR-012]

- Providing books for schools in southern Africa. [Ref: AFR-011]

## Cambodia

### Siem Reap.

Manager: Valéria F Peres [Ref: KHM-015]

- Bridge of Hope: Working with families and communities to prevent children at risk becoming street children (or sold/ending up in prostitution). [Ref: KHM-010]

### Phnom Penh.

Manager: Martin Aerne [Ref: KHM-014]

- Vocational Training Program: Tailoring Workshop, Metal Workshop and I.T. Support / Customer Service. [Ref: KHM-011]

### Good Neighbours Pre-School.

Manager: Jean-Marie Jooste [KMH-012]

- Setting up a pre-school for disadvantaged children. [KMH-013]

## China

### Kham Health Associates, Sichuan Province.

- Yak loans and shelters. [Ref: CHN-012]

### Bridgewater Care, Guiyang.

Manager: Karen Kirkland [Ref: CHN-011]

- Offering hospital and community-based training to local rehab specialists, rehab workers and caregivers in physiotherapy rehabilitation for adult neurological and orthopedic disabilities, geriatrics, and post burn care.[Ref: CHN-010]

## Democratic Republic of Congo

### Heal Africa, Goma

- Equipping a new hospital. [Ref: COD-010]

## India

### Maxton Strong Orphanage School, Banbassa.

Manager: Rick Shipway [Ref: IND-011]

- School buildings for orphans and local children. [Ref: IND-010]

### Vocational and Career Development, Orissa.

Manager: Bill Watson

- Construction of Shepherd International School for very poor children. [Ref: IND-011]
- Construction of Jeevan Jyoti Ashram home for orphaned children. [Ref: IND-012]

## Ivory Coast

### Literacy Project.

Manager: Alfred Kouassi [Ref: CIV-011]

- Literacy for adults. [Ref: CIV-010]

## Kazakhstan

### HADA, Astana.

Manager: David Pichotta [Ref: KAZ-013]

- Alcoholism: Education, literature, and support groups for alcoholics and their families in order to break the cycle of this devastating problem. [Ref: KAZ-010]
- Open Doors Community Centre: a place to gain employable skills and life skills for young adults, couples and parents. [Ref: KAZ-011]
- Valueology teaching: assisting schools by providing teaching materials, and teaching values to teenagers and students. [Ref: KAZ-012]

## Mongolia

### Good Neighbour Society, Ulaanbaatar.

Manager: Mark Jennings [Ref: MNG-014]

- Family Development Program [Ref: MNG-010]
- Purchase of building for Community Centre programs. [Ref: MNG-011]

### Good Neighbour Society, Uvs.

- **Mobile Library.** Providing learning opportunities for nomadic herders. [Ref: MNG-012]
- Day Care Centre. [Ref: MNG-013]

## Nepal

### Community Awakening and Transformation Society (CATS), Rapti Zone.

Manager: Dr Julie Lincoln [Ref: NPL-011]

- Community development; microenterprise; TB/leprosy patient hostel/treatment centre; youth awareness program and scholarships for poor children. [Ref: NPL-010]

## Uganda

### 100% Hope, King's Kid . . .

Manager: Trishelle Grady

- . . . Educate: building a school. [Ref: UGA- 011]
- . . . Sanitation: building bathrooms for orphanage. [Ref: UGA-012]
- . . . Medical Clinic: providing healthcare for children and pregnant women. [Ref: UGA-013]
- Women @ Work: empowering single and widowed mothers to produce an income to provide for their children. [Ref: UGA-010]

## Zambia

### Oasis Care Project, Ndola.

Manager: Margaret Parry.

- Oasis Care Project - market garden for orphanage. [Ref: ZMB-010]



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... inspiring hope*

**Health and Development Aid Abroad –  
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***We reserve the right to use designated gifts for another project if the  
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