



Issue 49. October 2012



encouraging development
... inspiring hope

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**Health And
Development Aid Abroad
— Australia Fund Inc.**

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HADA'S VISION

To see medical, educational,
agricultural and sanitation
programs established in
countries as needed.

All projects listed in *Inspire*
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OASIS CARE

ZAMBIA

Margaret Parry

Over the past several months much has been happening out 'on the farm' in Ndola, Zambia. Another bumper crop of maize has just been harvested and is in the process of being put in bags ready for treatment. Over 1000 tomato plants have been planted, along with onions and Chinese cabbages. The soil is very fertile and these plants are growing well. Also, a small orchard of 40 banana trees has been planted – bananas are very popular in Zambia and bring a good price. They already have well-established mango trees on the property and are hoping to add more.

The 200 orphans supported by this farm are starting to reap the benefits. Eating the maize from last year's crop has become a real source of pride for the widows who are doing the work on the farm. Another bonus has been securing a caretaker who lives with his family on the property. Benson gives additional security when Lainah and Joseph (other workers) are away. He has an agricultural degree and is helping to establish the crops on the farm.



The farm hasn't been without its difficulties. They have been told they will no longer be able to use the water supply that until now has been free. Soon they will need to link up with the main supply about 1.5 km away; we are waiting on a quote to see how much it will cost.

Two men from Tasmania have returned from a visit and were very impressed by the progress being made. They went primarily to oversee the building of a security fence around the caretaker's house built last year, and to finish a few jobs on the house itself. They saw a huge improvement in the health of the orphans, and the widows' enthusiasm for the farm project continues to grow.

Bridge of Hope

SIEM REAP, CAMBODIA

We are called to serve children at risk, and their families, holistically, using activities that both develop children's abilities and potential as well enable parents to be responsible instead of exploiting them. We want vulnerable and exploited children (labour workers, abused children, street children) and their families to overcome their sense of hopelessness and find peace and hope.



Informal school

Seventy-six children regularly attend our informal school: 40 girls and 36 boys. Thirty-two of these are Vietnamese and forty-four are Khmer. One group of children go to a government school and come to us for tuition. Another group are children who study full-time, and a third group studies just half-time. From those who come half-time and do not go to a government school, some study Vietnamese in another organisation and others still help with house chores or are doing some work to supplement the family income. Our social workers are encouraging the parents to let the children study; we also assist some parents improve their small business or start a business, so that the children can go to school.

Children have received school materials, and three water filters (most of their families do not have a water filter yet). The students are provided with two nutritious meals a day.

This year eleven children stopped attending the school. About nine moved out from Siem Reap; others stopped to help the family business because they were older.

The teachers and social workers have weekly meetings to share challenges and look for solutions. In this quarter, the teachers and social

workers encouraged the children to improve their hygiene, cleanliness and behaviour.

Child protection teaching

This is a method called 'Karaoke' that is recommended by Chab Dai (a well-respected NGO in Cambodia). These are the topics taught:

January: raise awareness about the effect of pornography and falling in love.

February: love one another – 'violence does not solve problems'.

March: how to help friends – children should be advocates for other children in cases of child abuse, domestic violence or traffic accidents.

April: The courageous child dares to speak out.

Parenting meetings

About 27 parents attend the monthly parents' club. They learn about hygiene, nutrition, good parenting, the role of parents, and the relationship between parents and children. It is a meeting where the parents participate, give feedback, and are also encouraged to apply and share their experiences. The attendance has been very high.



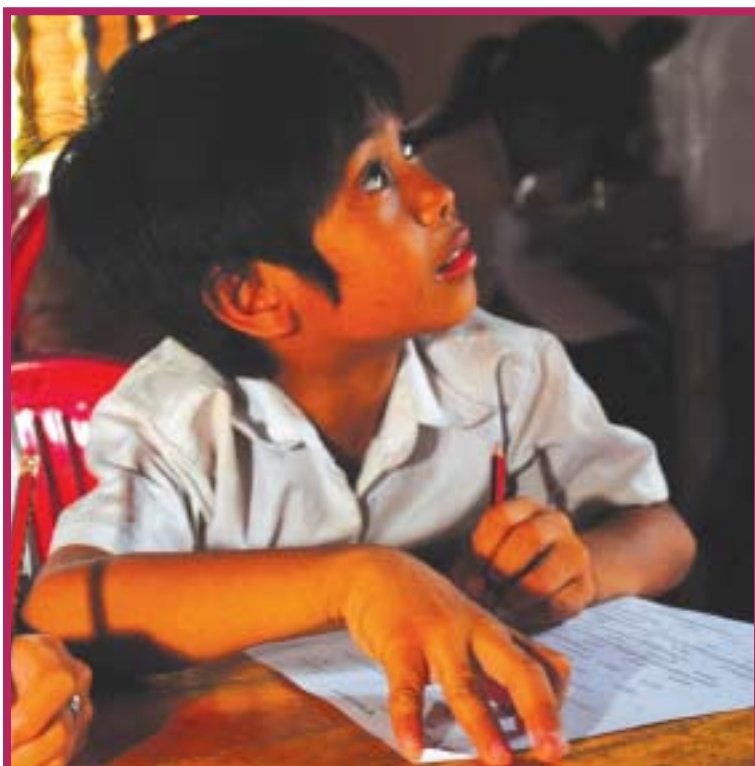
Family intervention

Recently, one care-giver wanted her child to stop attending the school full-time and only come half-time because the girl was needed to help with the chores at home. The staff discussed the issue with the care-giver and the problem was resolved by giving the girl a bike so she can go home faster and help with the chores. Because she is behind in her school work she needs to attend school the whole day.

One mother was beaten by her husband, so the staff advised her to look for help in a women's crisis centre of an NGO. It took several months for her to accept the advice, but eventually she went to a shelter for three months. The couple are now back together and the husband has signed an agreement with the judge to improve his attitude. The wife learnt some skills while away and is happy now to see the changes in her husband.

A single mother who has four children wanted to send her 12-year-old daughter to work in a bar at the border. The mother has diabetes and could not work and pay for her rented house. We helped get the mother to an NGO which cares for diabetics and then helped with the rent for two months until she could work again. The Cambodian workers are talking with the mother about the possibility of finding other ways to improve the family income. The mother then chose not to send her daughter away.

Another mother agreed to have her two boys stop collecting rubbish after three months, when she finishes repaying her debts. Seeing long-term change in the lives of these children is a process which involves working with the families, and it never goes as fast as we would like.



Improving parents' economic situation

We began a small pilot project for income-generation for parents, and gave loans to six families. Of these six, only one family is struggling to pay; the others are paying faithfully. Here is what the five are doing:

- Making sausages to sell.
- Buying and selling rubbish.
- Selling vegetables (she is HIV positive; doing this small business has raised her self-esteem and she is doing better emotionally).
- Selling second-hand clothes (she was so depressed that she could not even brush her hair or care for her four children. Now she shares about the great changes in her life).
- Selling fruit.

We will need a few months to evaluate the impact of the loans. We may need to increase our budget next year to extend the income-generation program to other families. Our biggest expenses are Khmer staff salaries, house rent, sponsorships, medical expenses, staff training, and special programs.

We were able to refer six people to the CSI Christian Medical Clinic in Phnom Penh. In some cases we helped to pay part of the costs because the families are the poorest of the poor.

The Story of a Self-Help Group Member

NEPAL

Community Awakening and Transformation Society

CATS Nepal is giving support to women who are helpless, poor, and widows. It is helping to improve their economic status by forming saving and credit groups. CATS has established eleven saving-credit groups in Ghorahi. Sagun Women's Saving Group is one of these.

Bina Chaudhari is a member of Sagun self-help saving group. She is 24 years old and lives with her husband, son and daughter in Ghorahi. They have been living in a rented house for many years. Her husband used to go India to earn money because the family had no regular source of income in Nepal. Before she joined the Sagun group, Bina used to take loans from another savings group and spent all the money trying to pay for her family's daily needs. Financially, her family was in a difficult situation and she couldn't see any way out.



After some time she joined the Sagun group started by CATS and saved a small amount of money each month. Nine months later, CATS provided loans for income generation for the group. She took a 6000-rupee (AU\$65) loan to start her business and bought two goats (male and female). After six months

the female goat produced two kids so she sold both goats for 12000 rupees within one year.

Bina then bought a small piece of land to build her own house, but didn't have enough money to start the house at the time. Now she has successfully built her house through the support of her husband and her own goat-keeping business. After the house was completed, her husband came back from India.

Now they are living happily together as a family and her husband is helping Bina in her goat-keeping business. He also works as a bricklayer when work is available. Bina Chaudhari is so happy now and she said that "CATS Nepal changed my life by providing my loan for business and for three years I am continually saving money in a group. Now, our whole family is together and we have our own house to live in and hope for the future". Bina is planning to grow her business from two goats to four.

A note from Karen of Bridgewater Care . . .

"I propose that Bridgewater Care no longer be listed as a project for HADA in regards to needing further funds. I realise that in two or more years I could again be full-time in China, but I do want to concentrate on my personal and professional life for a few years. I see the need, after 18 years abroad, to have some time when I can be available for a burn project but not carry the weight of it. I am very satisfied with the years of training and work I have, with co-worker, accomplished in China. There are certainly numerous ways of using physiotherapy to serve others. I am very grateful for the relationship I have with HADA."



HADA Projects

All projects listed are approved for tax deductibility

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Please make your cheque payable to HADA Relief Fund. Do not include the name of the person or project on the cheque.

Africa

Medical Training

Manager: Dr Judith Goh

- Training African doctors in treating women with genital tract fistula. [Ref: AFR-010]

Library Aid International Inc

Manager: Rodney Zeirsch [Ref: AFR-012]

- Providing books for schools in southern Africa. [Ref: AFR-011]

Cambodia

Siem Reap.

Manager: Valéria F Peres [Ref: KHM-015]

- Bridge of Hope: Working with families and communities to prevent children at risk becoming street children (or sold/ending up in prostitution). [Ref: KHM-010]

Phnom Penh.

Manager: Martin Aerne [Ref: KHM-014]

- Vocational Training Program: Tailoring Workshop, Metal Workshop and I.T. Support / Customer Service. [Ref: KHM-011]

Good Neighbours Pre-School.

Manager: Jean-Marie Jooste [KMH-012]

- Setting up a pre-school for disadvantaged children. [KMH-013]

China

Hope For Tomorrow.

Managers: Daniel and Irene Kim

- Giving hope to blind people. [Ref: CHN-013]

Bridgewater Care, Guiyang.

Manager: Karen Kirkland [Ref: CHN-011]

- Offering hospital and community-based training to local rehab specialists, rehab workers and caregivers in physiotherapy rehabilitation for adult neurological and orthopedic disabilities, geriatrics, and post burn care.[Ref: CHN-010]

Democratic Republic of Congo

Heal Africa, Goma

- Equipping a new hospital. [Ref: COD-010]

India

Maxton Strong Orphanage School, Banbassa.

Manager: Rick Shipway [Ref: IND-011]

- School buildings for orphans and local children. [Ref: IND-010]

Vocational and Career Development, Orissa.

Manager: Bill Watson

- Construction of Shepherd International School for very poor children. [Ref: IND-011]
- Construction of Jeevan Jyoti Ashram home for orphaned children. [Ref: IND-012]

Ivory Coast

Literacy Project.

Manager: Alfred Kouassi [Ref: CIV-011]

- Literacy for adults. [Ref: CIV-010]

Kazakhstan

HADA, Astana.

Manager: David Pichotta [Ref: KAZ-013]

- Alcoholism: Education, literature, and support groups for alcoholics and their families in order to break the cycle of this devastating problem. [Ref: KAZ-010]
- Open Doors Community Centre: a place to gain employable skills and life skills for young adults, couples and parents. [Ref: KAZ-011]
- Valueology teaching: assisting schools by providing teaching materials, and teaching values to teenagers and students. [Ref: KAZ-012]

Mongolia

Good Neighbor Society, Ulaanbaatar.

Manager: Mark Jennings [Ref: MNG-014]

- Family Development Program [Ref: MNG-010]
- Purchase of building for Community Centre programs. [Ref: MNG-011]

Good Neighbor Society, Uvs.

- **Mobile Library.** Providing learning opportunities for nomadic herders. [Ref: MNG-012]
- Day Care Centre. [Ref: MNG-013]

Nepal

Community Awakening and Transformation Society (CATS), Rapti Zone.

Manager: Dr Julie Lincoln [Ref: NPL-011]

- Community development; microenterprise; TB/leprosy patient hostel/treatment centre; youth awareness program and scholarships for poor children. [Ref: NPL-010]

Uganda

100% Hope, King's Kid . . .

Manager: Trishelle Grady

- . . . Educate: building a school. [Ref: UGA- 011]
- . . . Sanitation: building bathrooms for orphanage. [Ref: UGA-012]
- . . . Medical Clinic: providing healthcare for children and pregnant women. [Ref: UGA-013]
- Women @ Work: empowering single and widowed mothers to produce an income to provide for their children. [Ref: UGA-010]

Zambia

Oasis Care Project, Ndola.

Manager: Margaret Parry.

- Oasis Care Project - market garden for orphanage. [Ref: ZMB-010]



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***We reserve the right to use designated gifts for another project if the
one identified is sufficiently funded or closed.***