



*encouraging development  
... inspiring hope*

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**Health And  
Development Aid  
Abroad — Australia  
Fund Inc.**

**ABN 43 739 862 351**

## HADA'S VISION

To see medical, educational, agricultural and sanitation programs established in countries as needed.

All projects listed in *Inspire* are tax deductible. All monies for these projects and personnel involved in them are sent in their entirety except for accountancy and bank charges. HADA does not use these funds for administration.

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2015-2016:

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## My Father's House

Worcester, Western Cape  
SOUTH AFRICA

**S**NOW is topping the mountains surrounding Worcester, and our soccer field looks like a wet season skating rink. But our children danced and sang with joy when they heard that the first building in My Father's House Worcester's Community Development Centre is soon to be built.

### Poverty and Diseases

Now that the fruit harvest is over, unemployment is nearly 60% in Avian Park, a mixed-race suburb developed under the apartheid system. New housing provided by the government has no ceilings or wiring for electricity. Few families can afford heating or hot water systems, so homes are bitterly cold. With 10,000 people attending HIV clinics in Worcester, many of our children are battling TB, pneumonia and other opportunistic diseases that attack their weakened immune systems.



### Developing Skills

Local farmers help to provide vegetables for nutritious soup for all children who participate in our soccer, jewellery making and life skills

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classes. We provide nutrition knowledge to the children so they can make good choices. Local women prepare the soup, ensuring they maintain responsibility for their own children's welfare.

### Transforming Lives

Leaders Raymond and Astrid have been transformed from lives of addiction and drug selling. We are assisting them to complete an Associate Diploma in Social Work. Their passion is to provide healing for fatherlessness, abuse and other family afflictions that cause children to join gangs and turn to drugs to escape their hurt.



second-hand clothing and bedding are sold, as well as jewellery we have made. Money is raised to provide more jewellery components and also gas for cooking soup, to help programs become self-sustaining. Girls are encouraged to sell what they make to provide pocket money.

### Better Education

As we raise money for more tables, we will offer after-school homework classes and extend our life skills and leadership training. Monitoring of school results will enable us to encourage children to reach higher academic standards.

Effective education for parents will help them overcome learned abusive patterns, and enable them to build their children's self-esteem.

### Employment Opportunities

Farm jobs are becoming scarce as workers are being replaced by machinery. We are drawing plans for a building with a large kitchen, secure storage area and toilets, to serve as a club house and teaching space. Once our building is completed, we plan to train school leavers in skills to start and manage small businesses. Local skilled workers have offered to teach hairdressing, carpentry, sewing and cooking skills. Our Blessing Boutique will be extended to offer cheap haircuts, manicures, nutritious snacks, and wooden toys. Local small business owners will become role models, giving assistance in project planning, account keeping and effectively managing a business.

~ Jan Buchanan  
Director, My Father's House  
Worcester

### Developing Self-Esteem

Our soccer and life skills program has quickly grown to over 60 boys, while 40 girls take part in ball games and craft skills. A local business has provided a wooden shed to give temporary shelter from winter rain and bitterly cold winds.

Our girls are learning to make jewellery for their own enjoyment and to develop self-esteem. We hold a Blessing Boutique at month's end, when people are paid. Warm

#### PROPOSED POSTAGE INCREASE

We have been advised that postage charges will increase shortly and we are looking to keep our costs to a minimum.

If you have an email address, would you prefer to receive your *Inspire* by email rather than by Australia Post?

Please advise us at  
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# Bridge of Hope

## CAMBODIA

**B**ridge of Hope (BOH) in Siem Reap began in 2010, after the visionaries moved it from Phnom Penh; the project was significantly restructured then. Despite its short presence in this city, this family-focused ministry now serves 75 families, with 107 children from the ages of seven to 16, and it's growing annually.

**The Bridge's vision is to see vulnerable and exploited children, and their families, overcome their hopelessness and find true peace and hope.**

The management team at BOH is comprised entirely of Cambodian men and women; the few expatriate staff members are involved in support roles. The management team has adapted well to the realities of the Bridge's community in Siem Reap, developing programs as needs arise.

### Street Children

Children from desperately poor families often have to contribute to the family's income, and so are unable to attend school. Our qualified teachers offer grades one to three for children and teenagers who are otherwise working or living on the street, with the aim of integrating them into the government school. To compensate for the income lost by having their child attend school, the families' financial burdens are alleviated through gifts of rice, while school supplies, uniforms, shoes, backpacks etc. are provided for the children.

These gifts are a short-term remedy however, and are not the solution. To foster financial stability, savings groups meet weekly to support one another. BOH's social workers pay regular visits to the homes of those involved with the project, providing counsel on matters like health care, domestic violence, the children's education, and the families' economic circumstances. Regular parenting meetings (*see photo*) are also held at the Bridge, where topics such as conflict resolution, childhood development, and healthcare are covered.

### Chop and His Family

Many families have experienced the blessing of this holistic approach. Chop has a wife, twin boys, and a daughter, but there was a time when he was uncertain if he would get to watch them grow up. As a glasscutter his income was small, and his work was impeded by cirrhosis of the liver.

His children didn't have birth certificates, making attending the government school an impossibility. As Chop's health worsened, his income decreased and he could no longer afford his rent.

Chop's wife heard about BOH, and enrolled the children. The social workers visited the family, and could see that Chop was very sick indeed. As the provincial hospital could not treat such a serious case, the Bridge arranged for him to be taken to Phnom Penh. Chop's health requires close monitoring, but has shown improvement. BOH provided the family a loan with which to build a house, and referred them to a construction NGO for the building of it. Chop now works as a night guard for an-



other NGO. The children continue to study at BOH as well as the government school — thanks to the support of the social workers. The district office has issued their birth certificates. Chop and his family have been doing well for the past four years now.

~ **Matthew Wiebe for the Bridge of Hope team**

# Medical Training in Africa – Now Into Asia

CAMBODIA 5-10 July 2015

**M**EDICAL Training in Africa and Asia undertook its first official workshop in Asia in July 2015. This was undertaken at the Khmer Soviet Friendship Hospital (KSFH) in Phnom Penh. Drs Judith Goh and Hannah Krause were invited to upskill the local gynaecologist in the management of women with pelvic organ prolapse. This was the first gynaecological workshop at this hospital.

condition. The workshop involved formal lectures, informal tutorials, teaching at the outpatient clinic and bedside ward rounds, and hands-on operating theatre instruction. The Cambodian doctors were very keen and enthusiastic and many attended the workshop.

Materials used during the workshop were donated to the hospital to reduce the cost for the patients. Johnson & Johnson generously donated suture materials used during the operations and HADA donated surgical instruments to enable the doctors to perform ongoing surgery. Dr Judith has had correspondence from Dr Kyna (Head of Obstetrics and Gynaecology, KSFH) since the workshop regarding advice on new patients. Dr Kyna also performed his first 'solo' vaginal hysterectomy and prolapse repair utilising the equipment and sutures left behind.

Dr Kyna is very keen for Drs Judith and Hannah to return to further upskill his team on prolapse and also on urinary incontinence. The possibility of another workshop in December has been proposed.

*~ Dr Judith Goh*



**Dr Goh (R) and Dr Kyna (Head of Department) doing a ward round for the post-operative patients**

As with many low-income countries, the average wage is about \$2 a day. Unfortunately, this means that the average woman is unable to afford prolapse surgery that costs \$250. Drs Hannah and Judith, through their work in Africa, are aware that women with significant pelvic organ prolapse suffer from significant social stigma and isolation.

Although skilled surgeons, the Cambodian gynaecologists are not familiar with the management of this



**Dr Goh gives a tutorial between surgical cases to explain the procedure**



# Current HADA Projects

All projects listed are approved for tax deductibility

[www.hada.org.au](http://www.hada.org.au)

## **AFRICA and ASIA**

### **Medical Training in Africa and Asia**

Manager: Dr Judith Goh

- Training African and Asian doctors in treating women with genital tract fistul [AFR-010]

### **Library Aid International Inc**

Manager: Rodney Ziersch

- Providing books for schools. [AFR-011]

## **BANGLADESH**

### **New Hope Ministry Bangladesh Trust**

- Rural project to help orphanage self-sufficiency [BGD-010]
- Van for Compassion School [BGD-011]

## **CAMBODIA**

### **Siem Reap**

Manager: Cambodia Management Team

- Bridge of Hope: Working with families and communities to prevent children at risk becoming street children (or sold/ending up in prostitution). [KHM-010]
- Family Sponsorship [KHM-018]

### **Good Neighbours Pre-School**

Manager: Lee HyangSuk [KHM-017]

- A pre-school for disadvantaged children. [KHM-013]

## **CHINA**

### **Hope Of Tomorrow**

Managers: Daniel and Irene Kim [CHN-014]

- Giving hope to blind people. [CHN-013]

## **DEMOCRATIC REPUBLIC of CONGO**

### **Heal Africa, Goma**

- Equipping a new hospital. [COD-010]

## **INDIA**

### **Maxton Strong Orphanage School, Banbassa**

Manager: Rick Shipway [IND-014]

Manager: Clifton Shipway [IND-015]

School Extensions [IND-016]

## **KAZAKHSTAN**

### **HADA, Astana**

Manager: David Pichotta [KAZ-013]

- Alcoholism: Education, literature, and support groups for alcoholics and their families. [KAZ-010]
- Open Doors Community Centre: a place to gain employable skills and life skills for young adults, couples and parents. [KAZ-011]
- Valueology: assisting schools by providing materials, and teaching values to teenagers. [KAZ-012]

## **LIBERIA**

### **Education for Life [LBR-010]**

Manager: Sahr and Avina Andrews

- Construction of a primary school and further training of teachers.

## **MONGOLIA**

### **Good Neighbor Society, Ulaanbaatar**

Manager: WooYoung Kim  
Family Development Program [MNG-010]

### **Good Neighbor Society, Uvs.**

Manager: Ernesto Casaccia [MNG-016]

- Day Care Centre. [MNG-013]

### **Good Neighbour Society — Mobile Drop-in Centre**

Manager: Corrie van der Esch [MNG-019]

- Assist homeless people in Ulaanbaatar [MNG-018]

## **MOZAMBIQUE**

- The Literacy Program: Functional literacy for rural villages [MOZ-010]

## **NEPAL**

### **ACN Health Promotion [NPL-012]**

Manager: Dr Julie Lincoln [NPL-011]

- Providing access to safe drinking water and toilets, improve knowledge of hygiene/sanitation, nutrition and preventable diseases.

## **SAMOA**

### **Samoan Victim Support Group Inc**

- Healthy Babies Home [SAM-010]

## **SIERRA LEONE**

### **Waterloo School**

- Teacher Training and Placement, and Amputee Clinic [SLE-011]

## **SOUTH AFRICA**

### **My Father's House Worcester**

Manager: Jan Buchanan

- A Community Centre for vulnerable teenagers [ZAF-010]

## **UGANDA**

### **100% Hope**

Manager: Trishelle Sayuuni [UGA-014]

- 100% Hope Educate: building a school. [UGA- 011]
- 100% Hope Medical Clinic: providing healthcare for children and pregnant women. [UGA-013]
- 100% Hope Homes: giving children from remote areas access to education [UGA-015]

### **Grace Care Child Program**

Manager: Emmanuel Kanuli

- To build classrooms for orphaned/ disadvantaged children [UGA-020]

## **ZAMBIA**

### **Oasis Care Project, Ndola**

Manager: Lainah Phirl [ZMB-013]

Market garden for orphanage [ZMB-010]

- Gardeners: Benson and Alison [ZMB-012]

## **DISASTER RELIEF**

- Syrian Refugees [DIS-010]
- Nepal Earthquake [DIS-000]



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*We reserve the right to use designated gifts for another project  
if the one identified is sufficiently funded or closed.*