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encouraging development
... inspiring hope

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**Health And
Development Aid Abroad
— Australia Fund Inc.**

ABN 43 739 862 351

HADA'S VISION

**To see medical, educational,
agricultural and sanitation
programs established in
countries as needed.**

All projects listed in *Inspire* are tax deductible. All monies for these projects and personnel involved in them are sent in their entirety except for bank charges. HADA does not use these funds for administration.

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Dignity Restored

Medical Training: An Update

(see *Inspire* issue 44)

DEMOCRATIC REPUBLIC OF CONGO

Drs Judith Goh and Hannah Krause, urogynaecologists from Brisbane and the Gold Coast, travelled to the Democratic Republic of Congo on 26 August 2011 and arrived back in Australia on 15 September.

The aims of the visit to HEAL Africa Hospital in Goma, eastern Democratic Republic of Congo were to upskill the local doctors with the management of difficult and recurrent female genital tract fistula surgery, treatment of urinary incontinence following successful fistula closure and management of vaginal prolapse. This is the fourth annual visit by Judith and Hannah to Goma. It was very encouraging for them to see that the two specialist obstetricians and gynaecologists were managing uncomplicated fistula cases on their own and also performing prolapse repairs.



Hannah and women waiting for procedures to begin

During their stay in DR Congo, Judith and Hannah saw 85 women in the outpatients and performed a total of 74 procedures, mainly fistula repairs. With the kind donations through HADA, two sets of surgical instruments were donated to the hospital together with sutures to perform these and many other surgeries.

Dr Miriam Lee, obstetrician and gynaecologist from the Gold Coast, arrived on 3 September and departed with Judith and Han-

nah. Miriam held daily lectures and workshops on topics including cervical cancer screening and vacuum delivery. An invitation was extended to other obstetricians and gynaecologists in the surrounding district and each hospital in the district sent a specialist to attend the lectures/workshops. Miriam also conducted teaching rounds in the delivery suite and post-natal ward, and assisted in the out-patients.

The next visit for Judith and Hannah is in December 2011. They plan to return to Kagando Hospital in western Uganda. The Kagando Rural Development Centre is an agricultural, health and educational project administered by the Church of Uganda. The main health focus is the Kagando Hospital, a 250-bed hospital in rural western Uganda



providing health care for the surrounding poor villages. The hospital is in need of a new operating theatre and medical equipment. The aims of Judith's and Hannah's visit to Kagando are to assist in the management of women with genital tract fistulas and to upskill the local health care team on the management of fistulas.



Dr Justin, one of the new obstetricians/gynaecologists with new instruments

MONGOLIA

Betel bore now operating

The men on the Betel drug rehabilitation farm were excited to see clean water flowing out of the recently drilled bore.

Sincere thanks to all who contributed to this project. It has enabled the men to have fresh water to drink and shower in, as well as providing water for the pig farm and the fresh vegetables they grow for their own use as well as for sale.



Pigs Provide for Schooling!

NEPAL

“How can I ever support my daughters?” This was a constant concern for 37-year-old Shiba who lives in a rural area about a one hour walk to the nearest market with her three daughters, aged 16, 12 and 8 years. Her husband abandoned her and went to live with a second wife. Shiba began working as a daily labourer to support herself and family, and earned Rs120 (AU\$1.60) per day when work was available. She soon found this was not enough to feed, clothe and educate her daughters, even though they attended the cheap government school. Shiba found it difficult to work as a labourer with her weak health. If she or the children became sick, there was no money for treatment. Shiba then developed a frozen shoulder and was unable to lift her arm and that further impacted her work. No one else supported her financially, and she was in despair about how to provide essential things for her children.

When CATS began a self-help group (SHG) in her area, Shiba joined it. Nine months ago, Shiba was able to take a loan from the group to begin a pig-keeping business. She received Rs7,500 (AU\$100) from the group and bought two pigs for Rs3000, spending the rest of the money to build the pigs’ sty. After four months she sold the pigs for Rs8000, repaid 3,500 of the loan she had taken from the group, and bought two new piglets for 3800. She says that in another three-four months, once her pigs have grown up, she could make around 20,000 from their sale. She says, smiling, that there will be more profit in the second lot. The money from selling her pigs has

made it much easier for her to run her household and to buy school supplies for her children. Her shoulder has improved and has not given her any more problems.

Shiba says that if she had not become involved in the SHG run by CATS it would have been impossible for her to start pig-keeping. Loans in Nepal are only available at very high interest which is impossible for



poorer people to repay. Joining the group made it possible for her to receive a loan from the group at low interest. Shiba has big hope that the remaining loan will be completely paid off after a few months. All the profit generated through her business will then be invested in buying more pigs so she can make more profit and expand her business. She says that the training provided by CATS a few months ago helped her very much in knowing how to run her business successfully. She and her daughters now have enough to eat and wear; her daughters can all attend school and have hope for the future.

Dr Julie Lincoln

Read more about CATS on page 4.

Community
Awakening and
Transforming
Society

Community Awakening and Transforming Society

CATS works in various ways to facilitate transformation in the local community. One of these ways is through establishing community self-help groups for members of poor communities and providing groups with revolving loan schemes, training and advice on different income generation schemes, savings, and good business management. The repayment rate of the loans within a

one-year time frame is very high and many families have been economically, socially, physically and psychologically uplifted through this ministry.

CATS does not receive any grants from the government of Nepal and relies on donations from interested groups/individuals to continue ministering in a remote area of Nepal where needs are great and few other organisations are serving.

Bumper Crop Gives Hope

ZAMBIA

Oasis Care is a small organisation that cares for widows, orphans and vulnerable children in a very poor compound called Kantalomba in Ndola, Zambia. Last year, 12 hectares of land were bought to establish a garden to help feed these widows and children. In September 2010 the widows, with some help from a group of commandos who volunteered their time, sowed about half the land with maize. This was a huge learning curve for those involved, but a bumper crop was harvested early this year and over 200 50-kilogram bags of maize are currently being treated and will be ready to crush into mealy food in October this year. This will feed the children for about two years. The intention is to plant another crop soon and the harvest will be sold and the profits sown back into the land. They will also try planting some sweet potato and okra this year. The land already has some established mango trees that are fruiting well. Other varieties of fruit trees may be added and a small orchard established.

In June, a team from Tasmania travelled to Ndola to build a caretaker's house on the property. This was built from joining two shipping containers together. The plan was to have five weeks in which to



build this cottage, but due to delays in opening the container from Tasmania, the team was left with just five days to do five weeks' work. This meant very long days and one of the team staying on an extra week to get the job done, but it is now complete and ready for the caretakers to move in.

The team also put together a large prefab shed that had been sent in the container. This will help

in storing equipment. They also hired a tractor and tilled the land to help with this year's sowing, and hired a grader to give road access to the cottage. Immediate needs are for a security fence to be built around the cottage and shed; the need for this was highlighted while they were there when the temporary shelters were burnt to the ground by bored youths. Another secure vermin-proof building also needs to be put on the property to store the maize.

Oasis Care cares for over 300 young people regularly. Since becoming involved with this project four years ago, I have seen some of these children go from being starving, malnourished kids with big vacant eyes, to happy laughing kids wanting to talk and play and hug me. They still have huge needs but are responding to the care and love they are being given and it makes the time and effort in supporting them so worthwhile.

Margaret Parry



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... inspiring hope*

Current HADA Projects

*All projects listed are approved for
tax deductibility*

Please make your
cheque payable to
HADA Relief Fund.
Do not include the
name of the person or
project on the cheque.

Africa

Medical Training

Manager: Dr Judith Goh

- Training African doctors in treating women with genital tract fistula. [Ref: AFR010]

Cambodia

Siem Reap.

Manager: Valéria F Peres

- Bridge of Hope: Working with families and communities to prevent children at risk becoming street children (or sold/ending up in prostitution). [Ref: KHM010]

Phnom Penh.

Manager: Martin Aerne

- Vocational Training Program: Tailoring Workshop, Metal Workshop and I.T. Support / Customer Service. [Ref: KHM011]

China

Kham Health Associates, Sichuan Province.

Managers: Keith and Barbara Richardson

- Disaster Relief: help in the form of food, blankets, shoes and shelter. [CHN011]
- Yak loans and shelters. [CHN012]

Bridgewater Care, Guiyang.

Manager: Karen Kirkland

- Offering hospital and community-based training to local rehab specialists, rehab workers and caregivers in physiotherapy rehabilitation for adult neurological and orthopedic disabilities, geriatrics, and post burn care. [Ref: CHN010]

Democratic Republic of Congo

Heal Africa, Goma

- Equipping a new hospital. [Ref: COD010]

India

Maxton Strong Orphanage School, Banbassa.

Manager: Rick Shipway

- School buildings for orphans and local children. [Ref: IND010]

Vocational and Career Development, Orissa.

Manager: Bill Watson

- Construction of Shepherd International School for very poor children. [Ref: IND011]
- Construction of Jeevan Jyoti Ashram home for orphaned children. [Ref: IND012]

Ivory Coast

Literacy Project.

Manager: Alfred Kouassi

- Literacy for adults. [Ref: CIV010]

Kazakhstan

HADA, Astana.

Manager: David Pichotta

- Alcoholism: Education, literature, and support groups for alcoholics and their families in order to break the cycle of this devastating problem. [Ref: KAZ010]
- Open Doors Community Centre: a place to gain employable skills and life skills for young adults, couples and parents. [Ref: KAZ011]
- Valueology teaching: assisting schools by providing teaching materials, and teaching values to teenagers and students. [Ref: KAZ012]

Mongolia

Good Neighbor Society, Ulaanbaatar.

Manager: Mark Jennings [Ref: MNG014]

- Family Development Program [Ref: MNG010]
- Purchase of building for Community Centre programs. [Ref: MNG011]

Good Neighbor Society, Uvs.

- **Mobile Library.** Providing learning opportunities for nomadic herders. [Ref: MNG012]
- Day Care Centre. [Ref: MNG013]

Nepal

Community Awakening and Transformation Society (CATS), Rapti Zone.

Manager: Dr Julie Lincoln [Ref: NPL011]

- Community development; microenterprise; environmental health; TB/leprosy patient hostel/treatment centre; youth awareness program and scholarships for poor children. [Ref: NPL010]

Uganda

100% Hope

Manager: Trishelle Grady

- Women@Work: empowering single and widowed mothers to produce an income and be able to provide for their children. [Ref: UGA010]

Zambia

Oasis Care Project, Ndola.

Manager: Margaret Parry.

- Oasis Care Project - market garden for orphanage. [Ref: ZMB010]



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***We reserve the right to use designated gifts for another project if the
one identified is sufficiently funded or closed.***